

# GLOW

## Pregnancy & Reproductive Loss Support

**Support that meets you where you are.**

There is no right way to move through loss.

Whether you're navigating miscarriage, TFMR, stillbirth, infertility, or another experience of pregnancy or reproductive loss, support can provide space to process what has happened, ask questions, and feel less alone.

My role is not to tell you how to feel or what your path should look like. My role is to offer calm, compassionate support that honours your experience and your choices.

GLOW  
perinatal support

*All families. All paths. All are welcome here.*

# Loss Doula Support

## What Support Can Look Like

Support is tailored to each individual and family and may include:

- Emotional support and compassionate listening
- Preparing for medical appointments or procedures
- Support before, during, or after a loss
- Processing difficult decisions
- Information and resource navigation
- Creating space for remembrance and meaning-making, if desired
- Partner and family support
- Ongoing check-ins during the weeks that follow
- Support is available virtually or in person, depending on your needs and location.

## Investment

Support is available at \$85/hour, with package options available depending on your needs and circumstances.

## Next Steps

If you would like support, the next step is simply to reach out.

We'll begin with a conversation about what you're experiencing, what kind of support would feel helpful, and whether I'm the right person to support you.

There is no expectation, commitment, or timeline. Questions are always welcome.

Warmly,

*Patice Romeo*

[patice.doula@gmail.com](mailto:patice.doula@gmail.com)

[WWW.GLOWPERINATAL.CA](http://WWW.GLOWPERINATAL.CA)

**GLOW**  
perinatal support